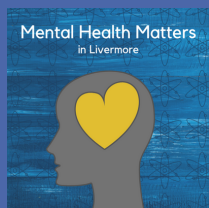




Parent Webinars

Livermore Learns is a parent education program designed to educate, inform, and engage parents and guardians as they support their children throughout their education.



LIVERMORE LEARNS

Work / Life Balance

Spend an hour focused on you! In this presentation, we will spend time talking about what work/life balance is, why it's important, & how we can begin to incorporate practices in our daily lives to move in that direction. Make this a mini-retreat and come with your cup of tea, a favorite journal or some paper to write on, and a quiet space (even if it's your car- no judgments here) to grab a little "you" time!

Wednesday, October 7, 2020

7:00 - 8:00pm

Facilitator: Mallory Rachel, School Psychologist

About the Format:

This webinar is designed to impart useful information, as well as to provide a supportive space for parents to share their thoughts and ask questions. Parents and guardians of children of all ages are encouraged to attend.

How to Register:

- Select the desired webinar from the homepage calendar of your school or district website.
- To register, you must be signed in to the website. If you need to create an account, you can do so in a few quick minutes. Instructions are provided in the event details for each webinar.
- Registered participants will be emailed meeting links approximately 2 hours prior to your session.

Thank you to the Pedrozzi Foundation for support of this program!

Questions? Email
communityengagement@lvjUSD.org